

# Woodland Montessori School

## Breakfast, Lunch and Afternoon Snack

# MENU

## February 2023

*Milk is Served with All Meals and Snacks*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Cold Cereal Fruit	<b>Breakfast</b> Bagel and Cream Cheese Seasonal Fruit	<b>Breakfast</b> Egg Cups & English Muffin Seasonal Fruit	<b>Breakfast</b> Cheesy Eggs & Breakfast Muffin	<b>Breakfast</b> Kodiak Pancakes & Sausage Seasonal Fruit
		1 <b>Grilled Ham &amp; Cheese</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> PB & J Roll Up	2 <b>Tatertot Casserole</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Chex mix	3 <b>Chicken Noodle Soup</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Meat & Cheese Roll Up
6 <b>Tuna Salad on WW</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Apples & PB	7 <b>Tomato Soup &amp; Grilled Cheese</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Cheese Stick & Fruit	8 <b>Pork Enchiladas</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Trail mix	9 <b>Sweet &amp; Spicy Chicken</b> Seasonal Fruit & Veg, Treat Day! ***** <b>PM Snack</b> Hummus & Veggie	10 <b>Chef's Choice/ Leftovers</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> PB&J Roll Up
13 <b>Ham &amp; Cheese on WW</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Crackers & Cheese	14 <b>Chicken &amp; Cheese Quesadilla</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Hummus & Veggie	15 <b>Mac &amp; Cheese</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Yogurt & Berries	16 <b>Penne &amp; Meat Sauce</b> Seasonal Fruit & Veg, Treat Day! ***** <b>PM Snack</b> Cheese Stick & Fruit	17 <b>Pizza</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Meat & Cheese Roll Up
20 <b>No School</b> Care Available by Reservation	21 <b>Veggie Lasagna</b> Seasonal Fruit ***** <b>PM Snack</b> Apples & PB	22 <b>Meat Tacos</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Bagel & Cream Cheese	23 <b>Chicken Tetrazzini</b> Seasonal Fruit & Veg, Treat Day! ***** <b>PM Snack</b> Trail Mix	24 <b>Chili &amp; Cornbread</b> Seasonal Fruit ***** <b>PM Snack</b> Cheese Stick & Fruit
27 <b>Turkey &amp; Cheese on WW</b> Seasonal Fruit & Veg ***** <b>PM Snack</b> Yogurt & Berries	23 <b>Pork Stir-fry</b> Seasonal Fruit ***** <b>PM Snack</b> Fruit & Goldfish			

Note: Occasionally some foods are substituted due to unavailability