

Woodland Montessori School

Breakfast, Lunch and Afternoon Snack



MENU

Milk is Served with All Meals and Snacks

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cold Cereal Fruit	Breakfast Bagel and Cream Cheese Seasonal Fruit	Breakfast Egg Cups & English Muffin Seasonal Fruit	Breakfast Hard Boiled Eggs Breakfast Muffin	Breakfast Kodiak Pancakes Seasonal Fruit
			1 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	2 Chicken Nuggets Veggie Sticks Fruit ***** PM Snack Trail Mix
5 Turkey & Cheese on WW Carrot Sticks Sliced Oranges ***** PM Snack Peanut Butter & Apples	6 Goulash Fruit ***** PM Snack Yogurt & Graham Crackers	7 Chicken Bake Pie Fruit ***** PM Snack Cheese & Crackers	8 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	9 Cheese Pizza Veggie Fruit ***** PM Snack Trail Mix
12 Turkey & Cheese on WW Carrot Sticks Sliced Oranges ***** PM Snack Peanut Butter & Apples	13 Sloppy Joes Veggie Fruit ***** PM Snack Yogurt & Graham Crackers	14 Fish Sandwich Veggie Fruit ***** PM Snack Cheese & Crackers	15 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	16 Bean and Cheese Bocadillos Veggie & Fruit ***** PM Snack Trail Mix
19 Turkey & Cheese on WW Carrot Sticks Sliced Oranges ***** PM Snack Peanut Butter & Apples	20 Black Bean Corn Chowder Corn Bread Fruit ***** PM Snack Yogurt & Graham Crackers	21 Tater Tot Casserole Fruit ***** PM Snack Cheese & Crackers	22 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	23 Cheese Pizza Veggie Fruit ***** PM Snack Trail Mix
26 Turkey & Cheese on WW Carrot Sticks Sliced Oranges ***** PM Snack Peanut Butter & Apples	27 Chicken Enchiladas Veggie Fruit ***** PM Snack Yogurt & Graham Crackers	28 Macaroni & Cheese With Ham Broccoli & Fruit ***** PM Snack Cheese & Crackers	29 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	30 Bean and Cheese Bocadillos Veggie & Fruit ***** PM Snack Trail Mix

Note: Occasionally some foods are substituted due to unavailability