

Woodland Montessori School

Breakfast, Lunch and Afternoon Snack

MENU



September 2020

Milk is Served with All Meals and Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cold Cereal Fruit	Breakfast Blueberry Waffles	Breakfast Egg Cups Seasonal Fruit	Breakfast Hard Boiled Eggs Breakfast Muffin	Breakfast Pancakes Seasonal Fruit
31 Turkey & Cheese on WW Veggies Fresh Fruit ***** PM Snack Apples & Peanut Butter	1 Sloppy Joes on WW Bun Veggies Fresh Fruit ***** PM Snack Yogurt & Graham Crackers	2 Macaroni & Cheese Veggie Fresh Fruit ***** PM Snack Cheese & Crackers	3 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	4 Chicken Nuggets Pasta Salad Fresh Fruit ***** PM Snack Trail Mix
7 Turkey & Cheese on WW Veggies Fresh Fruit ***** PM Snack Apples & Peanut Butter	8 Goulash Fresh Fruit ***** PM Snack Yogurt & Graham Crackers	9 Broccoli & Cheese Quiche Fresh Fruit ***** PM Snack Cheese & Crackers	10 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	11 Bean & Cheese Bocadoillos Veggie Fresh Fruit ***** PM Snack Trail Mix
14 Turkey & Cheese on WW Veggies Fresh Fruit ***** PM Snack Apples & Peanut Butter	15 Spanish Rice w/Beef Peas Fresh Fruit ***** PM Snack Yogurt & Graham Crackers	16 Chicken Wrap Veggie Fresh Fruit ***** PM Snack Cheese & Crackers	17 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	18 Cheese Pizza Veggie Fresh Fruit ***** PM Snack Trail Mix
21 Turkey & Cheese on WW Veggies Fresh Fruit ***** PM Snack Apples & Peanut Butter	22 Chicken & Broccoli Pasta Salad Fresh Fruit ***** PM Snack Yogurt & Graham Crackers	23 Spaghetti Veggie Fresh Fruit ***** PM Snack Cheese & Crackers	24 Homemade Chicken Noodle Soup , Home Baked Bread, Fresh Fruit, Treat Day! ***** PM Snack Meat & Cheese Rollups	25 Bean & Cheese Bocadoillos Veggie Fresh Fruit ***** PM Snack Trail Mix
28 Turkey & Cheese on WW Veggies Fresh Fruit ***** PM Snack Apples & Peanut Butter	29 Black Bean Corn Chili Corn Bread Fresh Fruit ***** PM Snack Yogurt & Graham Crackers	30 Tuna & Pasta with Peas And Cheese Fresh Fruit ***** PM Snack Cheese & Crackers		

Note: Occasionally some foods are substituted due to unavailability