

Toddler Toileting Steps

(use child's name), it's your turn for a fresh diaper.

Pants down

Show the child your thumbs.

Put your thumbs in your waistband.

May need to make room in the waistband for the child's thumbs.

Push.

Tabs

Child is facing away from you; point out tabs by feel and/or sight.

First one tab, now the other.

Diaper off

Please put your diaper in the diaper can.

For bowel movements: (gloves on.)

Please bend over and touch the floor so that I may clean you.

Child places their hands on the floor.

Wipe front to back, always with the clean part of the wipe; dispose of wipes inside the glove.

Toilet

Now you're ready for a turn on the toilet/potty

Child sits, or not

Flush

Wipe

Wipe (for bm) *Pat Pat* (for urine)

Toilet paper is provided for the child

Adult follows to clean urine/feces from the skin with a wet wipe

Fresh diaper

Please take out a fresh diaper.

Wait for the child to hand you the diaper. The child may open the tabs.

I'm going to reach between your legs to put on your diaper

Tabs

Tab; press (press tab down on each side)

Pants on

Spread pants out on floor

Put one foot through this pants leg (touch) *and one leg through this pants leg* (touch)

Lift up your waistband to make a hole for your feet (lift)

Pants up

One hand in front, one hand in back

For the back hand: the palm faces outward, to better grab the waistband and hoist over the diaper

Wash hands

Clean and sanitize potty/toilet